



UNDER THE PATRONAGE
OF HIS EXCELLENCY MINISTER OF HEALTH
DR. AHMAD AL AWADHI



6th KUWAIT PRIMARY HEALTH CARE CONFERENCE

A COMPREHENSIVE TEAM APPROACH FOR INTEGRATED CARE

CONFERENCE CHAIRMAN:

Dr. DEENA ALDHUBAIB

Director of Central Directorate for Primary Health Care



www.6primaryhealthkw.com

4,5,6
DECEMBER
2024

GRAND HYATT HOTEL



CME
24



6th KUWAIT PRIMARY HEALTH CARE CONFERENCE

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AGENDA

DAY-1: 4 DEC. 2024 - GRAND HYATT HOTEL

Time	Lecture	Speaker	
07:00-08:00	Registration		
MODERATORS: Dr. Dalia AlSanea, Dr. Adnan Alweqayyan, Dr. Anwar Alsayegh			
08:00-08:30	Navigating male infertility: Cutting-edge diagnoses and future directions in reproductive health	Dr. Ali Alameiri	KW
08:30-09:00	Planning for success: A concise guide to preconception counseling	Dr. Jehad Alharmi	KW
09:00-09:30	Eggs in the icebox: A playful guide to egg freezing and fertility preservation	Dr. Fatma Alhadhoud	KW
09:30-10:00	Menopause makeover: Mastering the transition with a smile in primary care	Dr. Abeer Alzaidai	KW
10:00-10:15	Break		
MODERATORS: Dr. Basema Alqallaf, Dr. Sawsan Albanai, Dr. Anwar bu Hamra			
10:15-10:45	Fuel and fitness: Integrating diet and exercise for optimal health	Mr. Abdulaziz Amir	KW
10:45-11:15	Medication counselling clinic	Dr. Nora Alali	KW
11:15-12:15	Disaster ready: Exploring the primary care approach to crisis management	Dr. Farzana Hussain	UK
12:15-12:30	Prayer break		
MODERATORS: Dr. Aml Aljehadeli, Dr. Rawan Alturki, Dr. May Razouki			
12:30-13:00	Patient Death: A Practical Approach	Dr. Mohammad Fakhraldeen	KW
13:00-13:30	Primary Health care experience in Kingdom of Saudi Arabia	Dr. Turkiah Alotaibi	KSA
13:30-14:00	Transforming Primary Care in Kuwait: Impact of the Emergency Program	Dr. Sara AlHammouri	KW
14:00-14:30	Emergency face-Off: Tackling the top challenges for primary care physicians	Dr. Sara Alabdulhadi	KW
14:30-15:00	The general practitioner and in-service training committee: development milestones	Dr. Hanan Alfadala	KW
15:00-15:45	Triage experience in PHC setting	Dr. Rafidah Gharif	BRN
15:45-16:00	Break		
MODERATORS: Dr. Aseel Omran Alsabbrie, Dr. Mariam Al-Qattan, Dr. Ahmad Nabeel			
16:00-16:45	Wake up to better sleep: effective management of insomnia and sleep disorders	Dr. Simon Curtis	UK
16:45-17:15	Battling the brain baffleers: Decoding bipolar disorder versus schizophrenia	Dr. Abdullah Alozairi	KW

WORKSHOPS

Time	Workshop 1	Workshop 2	Workshop 3
16:30-18:30	Clinical skills for bed bound patients (NG tube, foley's catheter) Dr. Najeeb Alothman		
17:30-18:30	Glucose pattern insights in diabetes management Dr. Ahmed Esmaeel		Spirometry: Techniques, interpretation and clinical application of Peak flow Dr. Abdulla Al Mutairi



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AGENDA

DAY-2: 5 DEC. 2024 - GRAND HYATT HOTEL

Time	Lecture	Speaker	
MODERATORS: Dr. Abeer Aleisa, Dr. Ibrahim Al-Mosa, Dr. Alya Ali Hussain,			
08:00-08:30	Patient power: Unlocking the potential of self-Management for better health	Dr. Noor Alnebari	KW
08:30-09:15	Empowering patients: The role of structured education in managing diabetes	Dr. Sara Davies	UK
09:15-10:15	Advancements in diabetes management	Dr. Dalal Alhajery	KW
10:15-11:00	Opening Ceremony		
MODERATORS: Dr. Amani AlSaqabi, Dr. Sanaa Almansour, Dr. Shaymaa AlFares			
11:00-11:30	Bite breakdown: Navigating diagnosis, treatment, and management with confidence	Dr. Mohammed Alghounaim	KW
11:30-12:00	The spectrum of skin: Unraveling pigmented and depigmented conditions in primary Care	Dr. Reem Alnebari	KW
12:00-12:30	From thinning to winning: Exploring the hair loss challenge	Dr. Sheikha Al-Abdulrazzaq	KW
12:30-12:45	Prayer break		
MODERATORS: Dr. Maram Jerkhi, Dr. Ohoud Al-Otaibi, Dr. Ohoud Boland			
12:45-13:15	Glaucoma unveiled: The critical role of early detection in preserving vision	Dr. Ahmed Al-foudari	KW
13:15-13:45	Advantages of using OCT AI in retinal screening	Dr. Charles Bteiche	UK
13:45-14:15	Decoding abdominal pain: Identifying and addressing celiac disease in primary care	Dr. Wadha AlJassar	KW
14:15-14:45	Unmet needs in acid suppression	Dr. Ali Alali	KW
14:45-15:00	Break		

MODERATORS: Dr. Layal Al-Monufi, Dr. Fatma Bushehri, Dr. Huda Al-Habib			MODERATORS: Dr. Dalia Alsanea, Dr. Abbas Marafi, Dr. Dalal Al-Kenderi		
15:00-15:30	All about Obesity in school health Dr. Maryam Al-Dwairji	KW	Chairperson: Dr. Sanaa Al Mutairi		
15:30-17:00	It's time! Revolutionising obesity care Dr. Thamer Alessa KW, Dr. Mohammad Fitya USA, Prof. Stefano Del Prato ITALY		15:00-16:00	Clear Breathing: Distinguishing Respiratory conditions in Primary Health Care Dr. Mahmoud Mokhtar	KW
17:00-17:30	Optimizing the management of hypertriglyceridemia Dr. Hessa Alansari	KW	16:00-16:40	What is interstitial lung disease and patient journey? Overview about idiopathic pulmoanry fibrosis pathogenesis Dr. Salem Al-Qahtani	KW
17:30-18:00	Personalized care to prevent cardiovascular diseases Dr. Bassam Abu Albanat	KW	16:40-17:20	Role of Ofev for the management of ILD What are the updates on the global guidelines for screening, monitoring and managing ILDs ? Dr. Wahid ElHanafy	KW
18:00-18:30	Dyslipidemia Management of Established MI patients: Lowest is Best Dr. Ali Alsulaimi	KW	17:20-18:00	Approaches in Managing Connective Tissue Disease-Associated Interstitial Lung Disease (CTD-ILD): Strategies and Best Practices Dr. Alia Al Alawi	KW
			18:00-18:30	Shingrix "A Paradigm Shift Towards Shingles Prevention" Dr. Ghaidaa Al Dabie	KW

WORKSHOPS

Time	Workshop 4
11:00-13:00	Pediatric Emergencies: Hands-on training for rapid response and management Dr. Fatoumah Al-Abdulrazzaq, Dr. Sujesh Chandran, Dr. Ahmad Al Mosawi
Time	Workshop 5
16:30-18:30	Clinical skills for bed bound patients (NG tube, foley's catheter) Dr. Nageeb Alothman



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AGENDA

DAY-3: 6 DEC. 2024 - GRAND HYATT HOTEL

Time	Lecture	Speaker	
MODERATORS: Dr. Fajer Al-Barak, Dr. Mai Al-Othman, Dr. Abdullaziz Al-Hajery			
08:00-08:30	Home visit experience in UK	Dr. Ashwin Anenden	UK
08:30-09:00	Home visit experience in KSA	Dr. Rana Alhelali	KSA
09:00-09:30	Discussion Panel	Dr. Ashwin Anenden	UK
		Dr. Rana Alhelali	KSA
		Dr. Ebtehal Almuhaimeed	KW
09:30- 10:00	Introduction to comprehensive geriatric assessment (CGA)	Dr. Ali Alqattan	KW
10:00-10:30	Forever healthy: A guide to promoting healthy aging in primary care	Dr. Batoul Al Wazzan	KW
10:30-11:00	Cracking the complex care code: Simplifying strategies for primary care physicians	Dr. Ashwin Anenden	UK
11:00-11:30	From Training to Practice: Launching a Comprehensive Medication Management Clinic for Geriatric Patients	Dr. Hailah Aldosari	KW
11:30-13:00	Prayer Break		
MODERATORS: Dr. Taibah Alhasan, Dr. Daliah Almurjan, Dr. Hawraa Al-Salman			
13:00 - 13:30	Teen tides: Traversing menstrual Irregularities in adolescence with confidence	Dr. Hanan Alshankiti	KSA
13:30-14:00	Youthful gyne: Tackling pediatric and adolescent gynecology	Dr. Hanan Alshankiti	KSA
14:00-14:30	Childhood obesity unplugged: Smart strategies for medical management	Dr. Fahed Aljaser	KW
14:30-15:00	Scoliosis: Understanding and managing curved spines in primary care	Dr. Adnan Alkandari	KW
15:00-15:30	HPV Vaccine: A Vital Tool in Cancer Prevention, A call to action for Family Physicians	Dr. Karim Elmasry	UAE
15:30-16:00	Updates in Pediatric Asthma	Dr. Dana Alhaqan	KW
16:00-16:15	Coffee break		
MODERATORS: Dr. Dalal Al-Hajery, Dr. Hessa Al-Ansari, Dr. Lulua falah Alasousi			
16:15-16:45	Optimizing Low Control Rates of Blood Pressure in Kuwait	Dr. Khaldoon Alhumood	KW
16:45-17:30	What's new in CRM Conditions Management	Dr. Dalia Alsanae	KW
17:30-18:00	Acute Asthma Management: Utilizing aerosol Delivery technology to achieve management goals	Dr. Imad Khojah	KSA
18:00-18:30	Optimizing reliever therapy in asthma management	Dr. Alyah Ebrahim	KW
18:30-19:30	Closing Cermony		